



## Class Schedule 2018 – 2019

(updated May 2018)

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY	
Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2
PP 4:30 — 6:00	B5 4:30 — 6:00		PP 4:30 — 6:00	B4 4:30 — 6:00	CM (A) 4:15 — 5:00	PP 4:00 — 5:30	B5 4:00 — 5:30	B1 4:15 — 5:15	PP 4:30 — 6:00	B5 4:30 — 6:00	B3 4:15 — 5:30	PP 4:00 — 5:30	B5 4:00 — 5:30
Pointe/ Men 6:00 — 7:00	Pointe 6:00 — 7:00	Adult Ballet 5:45 — 7:15	Pointe 6:00 — 7:00			Rep Partnering 5:30 — 6:30	Pointe 5:30 — 6:30	B2 5:15 — 6:15	Pointe 6:00 — 7:00	Pointe 6:00 — 7:00	B4 5:30 — 7:00	Pointe 5:30 — 6:30	Pointe 5:30 — 6:30
											Adult Ballet 7:00 — 8:30		

CM (A) or (B) - Creative Movement (ages 3 – 4)
PB - Pre-Ballet (ages 5 – 6)
B1 - Ballet 1 (ages 6 – 7)
B2- Ballet 2 (ages 7-9)
B1/B2 Choreography Class
B3 - Ballet 3
B4 - Ballet 4
B5 - Ballet 5 + Pointe
PP - Pre-Professional
Saturday Pilates – Recommended for B5, PP

SATURDAY		
Studio 1	Studio 2	Studio 3
Express Yoga 9:30 – 10:15	B3 9:15 – 10:30	CM (B) 9:30 – 10:15
Pilates / Floor Barre 10:30 – 11:30	B4 10:30 – 12:00	PB 10:30 – 11:30
PP 12:00 – 1:30	B5 12:00 – 1:30	B1/B2 Choreography 11:30 – 12:30
Pointe 1:30 – 2:30	Pointe 1:30 – 2:30	